

NHS Ten Year Plan

Learning Disability England Member Feedback



NHS England have written their 10-year plan.

It talks about the work they want to do and what is important.

They think 'Learning Disability and Autism' will be important.

You can read an easy read version here.

<https://www.longtermplan.nhs.uk/wp-content/uploads/2019/01/easy-read-long-term-plan-v2.pdf>

You can listen to a summary of the plan being read here.

<https://www.longtermplan.nhs.uk/publication/nhs-long-term-plan/>

You can read a summary here.

<https://www.longtermplan.nhs.uk/wp-content/uploads/2019/01/the-nhs-long-term-plan-summary.pdf>

You can read the full plan here.

<https://www.longtermplan.nhs.uk/wp-content/uploads/2019/01/nhs-long-term-plan.pdf>



Summary

We asked members what they think about the plan.

The main points were:

- People want to know more about what difference the Long-Term Plan will make to people's lives – the detail on the actions
- People told us they want to work with the NHS to make the plan happen – especially self-advocates who can lead training or organisations with particular skills and experience
- There were ideas and suggestions for making people's lives better. Especially on helping people leave specialist hospitals or stopping them needing to go in

In Detail



We asked **members** to tell us what they think about the NHS Long Term Plan.

Members are people signed up to Learning Disability England.

Self-advocates, families, friends and organisations are members.

Our members to work together so they have a louder voice.

Self-advocates, families and organisational members told us what they think.

Some people filled in a survey.

Some people told us what they think at the National Self-Advocacy Convention.

What members expect from the Ten-Year Plan



Members expect the Plan to show how the NHS will work with social care and local communities.

They expect people with learning disabilities to play an important part in making the plan work.



They want to be leaders and to run training.

They want to be listened to and valued.

Members want to be involved in making the Long-Term Plan work for everyone.



Members want to work with the NHS and each other.
They want to speak up about the plan.



Members want to share their work and good practice.
They want the Plan to learn from things we know work.
For example, Dimensions' My GP and Me training.

70% did not think the targets set in the plan were the right ones.

Members think some parts of the plan are good.



They like the new ideas.
SeeAbility is happy eyecare in special schools is included.
They have been campaigning for this for a long time.



Members did not like other parts of the plan.
They think many promises have been made before.



They were worried some of the plan's targets were not clear.
They think some targets are not aiming high enough.
Members did not know how things would differ in 10 years' time.



For example, members didn't know why it would take years to reduce the number of people in **Assessment and Treatment units**.

Assessment and Treatment units are a special type of hospital.
You might go there for treatment if you have a mental health problem.
You might go there if people are worried you might hurt yourself or someone else.



Members were unhappy the plan was not in easy read straight away.

70% of members would add other issues to the plan. Including; Working Together



Members think the Plan should show how different parts of the government will work together.

For example, members are worried fewer people will want to be Learning Disability Nurses.

This is because of **Brexit** and cuts to **student nurses' bursaries**.

Members do not think these policies support NHS plans to get more Learning Disability Nurses.



Brexit is short for "British exit" - it is the word people use to talk about the United Kingdom's decision to leave the European Union.

To understand more about Brexit, click here.

<https://hrcscotland.org/2018/10/15/new-easy-read-guides-to-brexit/>

Student nurses' bursaries is the money people who want to be nurses get to study from the government

Working with Social Care



Members want to know how the NHS will work with social care.

Members said the government should have shown us the Social Care **Green Paper** with the plan.

This would let us understand how the NHS and social care will work together.

The government is writing a **Green Paper** about Social Care.

A **Green Paper** is made when the government is thinking of changing the law.

It talks about different things they could.

People talk about the ideas and pick the best one to make a law.

This green paper is about how social care works for adults.

We don't know what the green paper says yet.

Assessment and Treatment Units



Members are worried about people who cannot to leave **Assessment and Treatment Units**.

The **Mental Health Act Independent Review** said this should be changed.

Members would have liked a promise or more support about this in the Plan.

The **Mental Health Act** is a law.

It allows a person to be '**detained**' for treatment for a mental health problem.

Detained means being made to stay in hospital.

The **Mental Health Act Independent Review** looked at how the Mental Health Act is used by professionals.

The review said less people should be made to stay in hospitals when they don't want to.

It said people's rights should be respected and they should be treated well.



There was concern about how hard it is for some people to get a **diagnosis**.

Members felt this was because of funding cuts.

A **diagnosis** is finding out if you have an impairment or not.

57% of members said they would change some of the things in the plan. They said things like,



All NHS services should be fully accessible, including changing places.



We should start doing **Health Visitor Checks** at home.

This should be when children are three years old.

A **Health Visitor Check** is when a nurse comes to see children and their parents.

They make sure everyone is healthy.



Members want to know how the plan will work.

They want more information about the plan's actions.



For example, the plan talks about training NHS staff to work with people with learning disabilities and/or autism.

Members want to know if all staff will have to do training.



They want staff like opticians and dentists to do the training.

They want to know what the training will look like.

They think it should be led by experts by experience.

They do not want it to be an online course.

SEE ABILITY Seeability shared their report on the plan with us. Read it here.

<https://www.seeability.org/news/nhs-long-term-plan-statement>