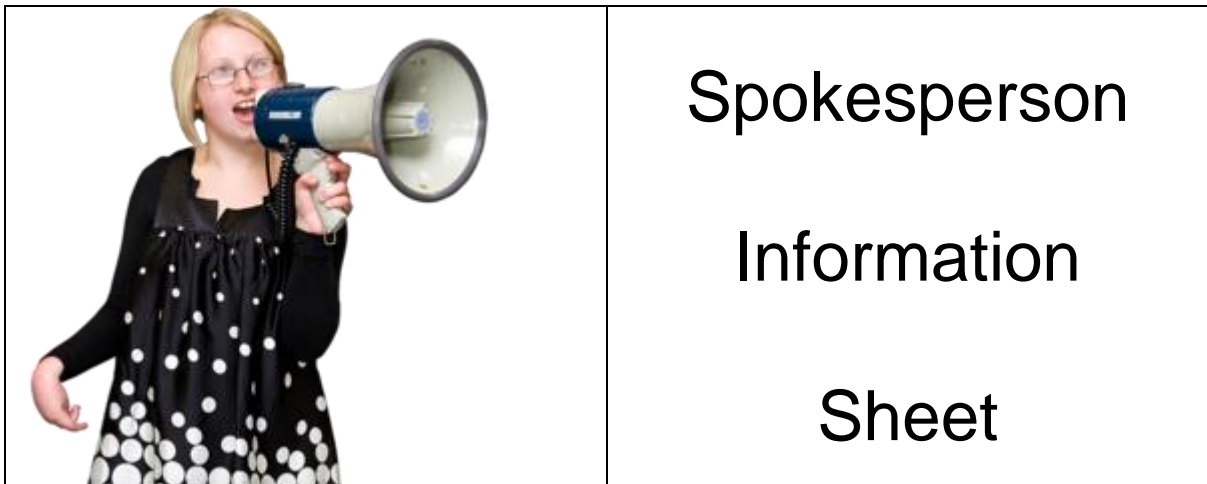


Learning Disability England



Some useful things you need to know about being a spokesperson for LDE.

	<p>What this is about?</p>
   	<p>This information sheet tells you a bit more about being a spokesperson for Learning Disability England.</p> <p>We have spokespeople because Learning Disability England staff do not speak for people with learning disabilities.</p> <p>We believe people with learning disabilities and family members speaking for themselves will change the way society sees them.</p> <p>This information sheet tells you about being a spokesperson.</p> <p>It tells you about what we expect from you.</p> <p>It tells you about what you can expect from us.</p> <p>Learning Disability England wants to be like a megaphone.</p> <p>We take people's voices and help make them louder.</p>



We ask that you stick to our values when you are being a spokesperson for Learning Disability England.



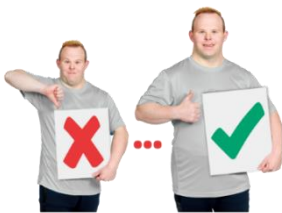
Sometimes you might be asked for a written comment.



Sometimes you might be asked to be interviewed for TV or the radio.



Sometimes you might be asked to talk at events or conferences.



You can choose how much or how little you want to do.

You can say 'no' to something if you don't want to do it.



You can ask for help from the Learning Disability England team when you need it.

We want to make sure you get the help and support you need to be a spokesperson.

Important information: Learning Disability England's Values



Like all charities, Learning Disability England has clear values.

Values are the things we think are right and wrong.

They tell everyone what we stand for.



Members are asked to agree to our values when they become a member.

Our values are:

- ✓ Rights
- ✓ Choice
- ✓ Inclusion
- ✓ Independence







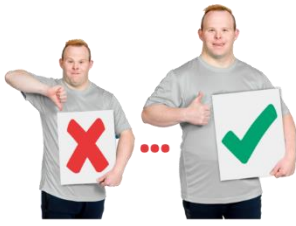
These are the things we say are important:

Putting people with learning disabilities first – in everything we do, and how we are run.



Being challenging – when it comes to what people with learning disabilities and families want, need, and have a right to.

  	<p>Working together – with people with learning disabilities, families, professionals, organisations, and the government, to achieve better lives for people with learning disabilities.</p> <p>Being empowering – by making sure our members have power and can confidently act on behalf of Learning Disability England.</p> <p>Being creative and trying new things – by thinking differently about how we can solve problems, and not being afraid to get it wrong sometimes</p>
	<p>What will happen when I am asked to talk about something?</p>
 	<p>A journalist or someone organising an event will contact Lisa, our Comms Lead.</p> <p>Lisa will talk to them to understand what they need.</p> <p>Lisa will then look at the information she has about all the spokespeople.</p> <p>She will contact you if she thinks you might be interested.</p> <p>She will tell you what you would need to do.</p>



You can say 'yes' or 'no'. Only do what you are happy and comfortable with.

You can talk to someone you trust before making your decision. This is OK.



If you say yes, Lisa will help you to think about what you will say.



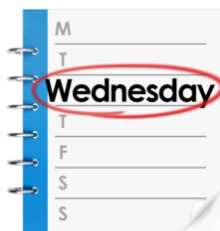
Sometimes journalists want something very quickly. That can be the same day or the next day.

Sometimes there is a bit more time.



Sometimes when there is a big story, we get lots of requests within a few days.

Sometimes it is quieter and we don't get so many requests.










If it is speaking at an event or being videoed to appear on television, Lisa will give you the date and time.



Lisa will ask you what help you need. We will make sure you feel OK.

Expenses

	<p>Learning Disability England spokespeople are volunteers.</p> <p>This means they are not paid to be a spokesperson.</p>
  	<p>Usually you will be able to be a spokesperson from home.</p> <p>But Learning Disability England can pay your expenses if you have to travel for an interview or an event.</p> <p>You can claim expenses for travel or food or hotel costs you when you are volunteering for Learning Disability England.</p> <p>We can book trains in advance for you if that is easier.</p>
	<p>How do I become a spokesperson?</p>
  	<p>If you have any questions or want to become a spokesperson, please contact Lisa by email on:</p> <p>lisa.watchorn@LDEngland.org.uk</p> <p>or telephone Lisa on 07463 884154.</p> <p>Please note Lisa is part time and works mornings only.</p>