



# CLARE COWELL

## PEOPLE WITH LEARNING DISABILITIES

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My name is Clare, I live in Darwen Lancashire and I am a tenant with Progress Housing Group (PHG). I have lived in my property which is a flat/Bungalow. I have part time supported hrs that help me with things that are important to me. I am already a part of PHG Scrutiny Panel Group and vice chairperson. I have previously done training to get me to a level where I can chair meetings and run them with all views. I have been on courses and training events that help me to understand and widen my expertise. I am currently on a 12 week course about becoming a volunteer. I was nominated for TPAS this year for my role in getting involved in all levels of community involvement.

I want to be a part of representative body as I am hard worker and looking out for other tenants who may need extra support. I champion issues that affect tenants at meetings and take issues to the board as needed as my role as vice chairman of Scrutiny panel. I want to voice tenants concerns to a wider audience and empower others to start thinking seriously about issues that arise.

I would do a great job as I am articulate, I empathise with others



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and as said in general that tenants need more of a voice in the wider world whilst other people are deciding on our futures.

I am great to get on with and a team player. I like to chat about all things and can take on board different viewpoints and come up with constructive answers. As a tenant I was introduced to Tenant Involvement 12 years ago. I got involved as I wanted to know more about my tenancy. I have grown in stature and compitance and if I am nominated I would represent all views and opinions with passion.