



I'm a mum to 2 amazing sons who have learning disabilities. They receive support from adult social care and we manage their personal budgets. I'm the coordinator of the Essex Carers Network, working to make sure families of people with learning disabilities are informed as well as being a critical friend at strategic level to our local authority.

I'm part of the eastern region families forum and the national valuing families forum, my role being to reflect views of families and work with colleagues to influence and inform policy and work around support for people with learning disabilities. I'm a carer ambassador at our local Healthwatch making sure the carers voice influences the carers workstreams within health and social care.

My motivation for putting myself forward to represent families at LDE stems from my passion that the lived experiences of families must influence and inform the landscape of service provision which in turn will lead to people with learning disabilities having fulfilled lives in their community.





It is essential that families on the representative body are able to bring not just their own voice but the voices of others, I feel with my networks I will be able to do this and I look forward to further networking to ensure that more families can share their voices with me in order to make the collective voice strong and diverse.

It's important that we work together towards our common goals, I welcome the opportunity of working alongside people with learning disabilities and organisations of LDE to bring the voice of families to the table in order for us to campaign together for better individualised support for people with a learning disability in England.

Please consider voting for me I promise to ensure the voice of families influences the work of LDE.

