

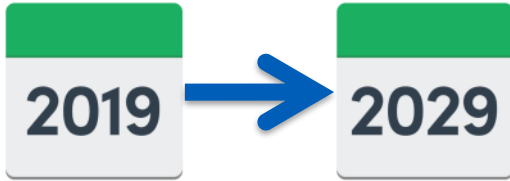
The NHS Long Term Plan



Latest update from NHS England Learning Disability
Programme team
October 2018



Thank you for supporting us



Contents:

- About the 10 year plan for the NHS
- Plans for learning disability and autism
- Who we are working with and how
- What people have told us
- What happens next
- Main themes for the plan
- Further conversations



What's happening?



**Planning for the next
10 years of the NHS**



This year, the NHS was 70 years old!

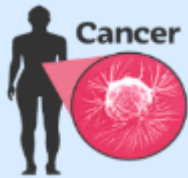
The Prime Minister is going to give the NHS extra money for the next 5 years, so it stays fit for the future

The NHS is making a plan about what needs to happen in the next 10 years and how the money should be spent

Learning disability and autism are part of that plan



Some of the top priorities:



Cancer services



Services for heart and lung health



Mental health services



Learning disability and autism services



And other vital services for children, young people, working age adults and older people

Plans for learning disability and autism



- **We want people to lead longer, happier and healthier lives.**
- We want to make sure people get the support, care and treatment that is right for them.
- This means they must be involved in saying how to get this right.
- It means being person-centred in all work.
- And it means services making the reasonable adjustments people have a right to.



Who has been helping us?

We have been working with:

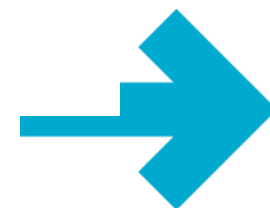


- Lots of self advocacy groups and parent carer groups
- Focus groups in specialist hospital
- Voluntary sector
- Children and young people networks
- NHS workers / royal colleges / allied health professionals
- NHS England staff with lived experience have had a leading role
- Partners such as Local Government Association, ADASS
- Government departments

How have people been involved?






- National events
- Learning Disability England regional events
- Clinical workshops
- Advocacy groups
- Webinars
- NHSE on-line portal – over 900 responses
- Focus groups in hospital
- Autism only events



Some of the things people have told us are a priority

Our rights, our lives



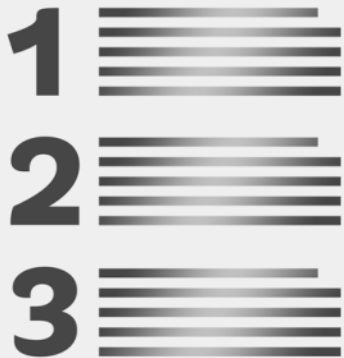
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Learning disability:

- Stop preventable deaths
- Awareness training “a must”, ideally led by people and families
- Greater involvement in service planning and decisions
- Services making reasonable adjustments for people’s different needs, person-centred
- Change of culture and attitudes
- Keep on with Transforming Care and other important work happening now

Some of the things people have told us are a priority

Our rights, our lives



Learning disability:

- People's needs considered in all priority areas and mainstream services
- Better health and support in the community
- And in hospital
- Equality of rights and inclusion
- Joined up working across teams and services
- Advocacy, self-advocacy

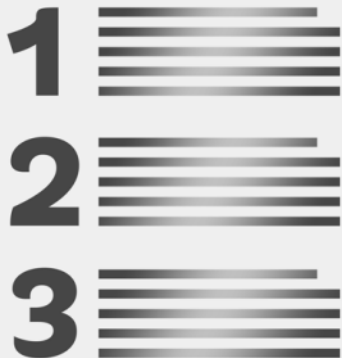


Some of the things people have told us are a priority



Autism:

- Autism focus a priority in a range of ways + “earlier diagnosis, easier to get”
- Better support after diagnosis
- Acceptance, recognition and respect for autistic people by NHS
- Better mental health support for autistic people

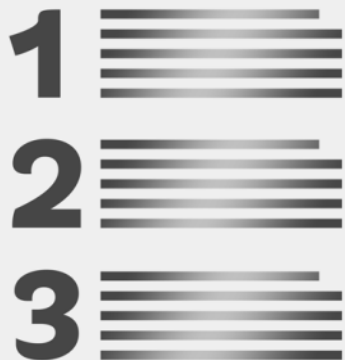


Some of the things people have told us are a priority



Autism:

- Support at different stages of life for people with autism, including health checks
- Work with people especially those autistic people already employed in NHS
- We know less about the health of people with autism, we need better data and evidence

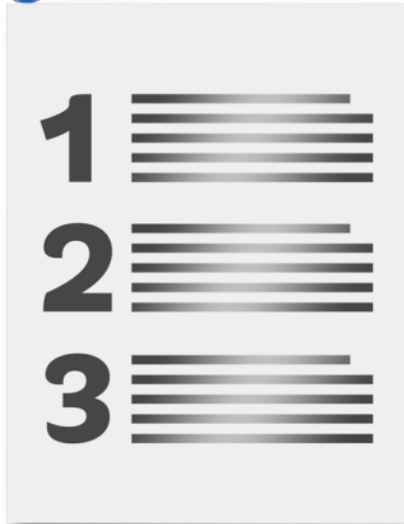


Some of the things people have told us are a priority



Children, young people and families:

- Change attitudes towards autism and learning disability
- Early Intervention including all therapies (eg. Speech and Language, occupational, physiotherapy and mental health)
- Early diagnosis and support
- More support at times of crisis and change
- A key worker service

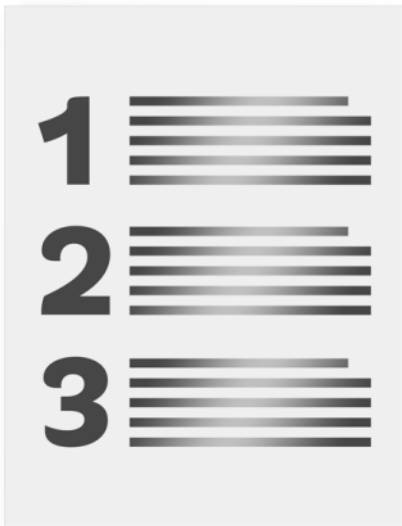


Some of the things people have told us are a priority



Children, young people and families:

- Use of technology
- Accountability: improve commissioning
- Greater involvement and co-production
- Integrated working across health education and social care and named professionals
- Mental health services
- Ways of helping with behaviour that others find challenging eg. PBS



Some of the things people have told us are a priority

- Advocacy groups – over 130 people, many with moderate to high support needs, have asked for:
 - Support to stay well - healthy eating, fitness, understanding medication, relationships, dental care and knowing about how to check for things like cancer
 - accessible information to help with this
 - Help with specific health issues like diabetes and sexual health
 - To be involved in delivering training and developing good services



Writing our parts of the plan – ‘better start’



This is about making children, young people (and adults) with a learning disability, autism or both get the care, treatment and support they need – before, during and after diagnosis



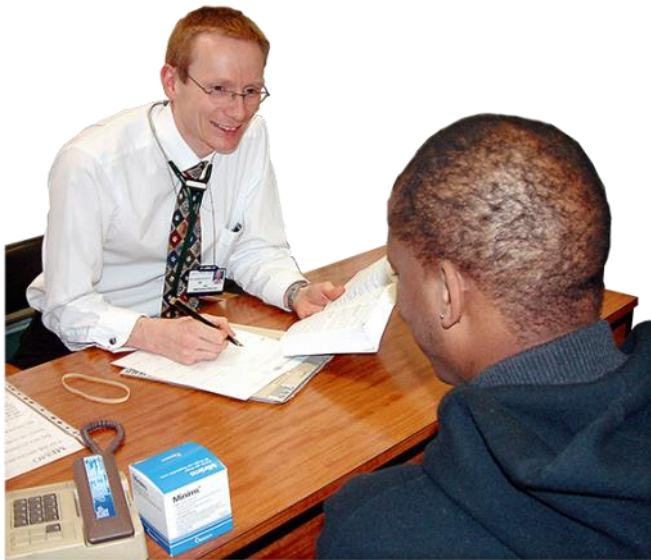
Writing our parts of the plan – 'equal health'



This is about making sure people have equal access to all NHS services from staff with the right skills and knowledge to support them. It includes action to reduce early deaths and improve people's health.



Writing our parts of the plan – 'improving care'



This is about making sure people get better care, treatment and support in their communities and in hospital.



Writing our parts of the plan – ‘quality of lives’



Better lives go together with
healthier lives

This is about what the NHS
can do to help with things
that make a good life, such
as jobs, having a circle of
support, staying well



Writing our parts of the plan – Overall



- Equal access
- Good experience
- Best possible outcomes
- All means all



Further conversations



Longer, happier, healthier lives

- How to make a difference
- How to measure
- Themes
- Places



Improving health

- How can we help each other “Reasonably Adjust”
- Where do we do more targeted work



Autism - early intervention and support

- Screening / diagnosis / family support
- Diagnosis (quality and timeliness)
- Always person centred, behavioural approach

Thank you

if you have any questions please email
england.learning.disability@nhs.net

