

Title of our session: The NHS Long Term Plan - building partnerships

Description: The NHS Long Term Plan was published on 7 January. In this session, talk to members of the NHS England learning disability team about the Long Term Plan and how they can work with people to get the best results. Hear about the main things in the plan and share your ideas about who should be involved and how.

Healthy start

Agree standards as a minimum across education, local authority and NHS and refuse to commission / deliver anything less – e.g secure residential day schools / day centres

Working with DWP and partners to influence

Help health professionals to teach people what to expect

All of the NHS

Clear lead on each case (so 'not too many cooks')

Where is the green paper? – is the conversation really meaningful without LAs?

Basic activities need to be accessible; more accessible exercise classes

Communication: share information; summary care record

All information should be in easy read at GPs

Prevent health conditions

There should be an easier version of something like Slimming World so people live healthier

Joint working with social care to reduce pressure on NHS

Support for duration of stay in hospital

Funding for support

Education of staff

Medication reviews

Learning disability liaison nurses

Annual health checks are inconsistent

GP knowledge and training

People with lived experience should run training around learning disability and autism

There should be information before going to an annual health check

Use more technology to help people communicate

Homes not hospitals

Want support to be as person centred as it possibly can, but often not enough time or resources

Places fail when it's not thought through and the right support isn't in place

Places limited for people – knowing what's out there

Role of pharmacy in STOMP – STAMP; relationship with care homes / staff to do proper review

Not to be labelling, to be enabling

Self-advocacy groups can help with benefits management

Employment

Breaking down equality data to include learning disability

Measurable target and commitment to employment – start with NHS

CLDTs talking to people who live in social care and staff to understand prevention

Nobody is working together. No contact between providers, all happens through luck, relationships

Training for people with disabilities around employment e.g interviews

Staff doing job on minimum wage

Some people can only earn so much before benefits affected

Groups run by people with disabilities, for people with disabilities

NHS needs to do more with self-advocacy groups – experts by experience directly involved

Example of Together All Are Able