

Chapter 3:

The right support

We asked people with learning disabilities and their families what the right support looks like to them. They said:

- Good support is about life, not services.
- It's important to be supported by the same people, so good relationships can grow.
- Relationships should be based on trust and equal power.
- People with learning disabilities feel forgotten about. The Government seems to spend more time talking about improving the lives of older people than the lives of people with learning disabilities.
- Making services better should not just be about spending money. Service providers also need to look at whether a service needs to change.



UN Convention on the Rights of Persons with Disabilities (UNCRPD)

What people said they want is like the rights in Article 26 of the UNCRPD.

Article 26 is about making sure people with disabilities get the help they need to live well and feel included.

We will use Article 26 to help with our work about people with learning disabilities and their families getting the right support.

There is easy read information on Human Rights **here**.



Next steps

1. We need to make sure people with learning disabilities and their families are the ones who decide whether a service is good at supporting them or not.
2. The Government, local councils and service providers need to work more closely with people with learning disabilities to develop services and support.

3. Support should be based on the REACH Standards.

The REACH Standards look at how people with learning disabilities can live a good, ordinary life.

4. People with learning disabilities, their families and the people who support them need to work together more.

They need to tell each other what is not working well and things they are not happy about.

For example, some overnight support workers only being paid when they are awake and not when they are sleeping.