












Building Change Together – Actions for Good Lives

28th March . 10.30am – 3.30pm . York City Centre

Agenda, Workshop and Speaker Information




A conference bringing together different people and organisations to share ways they are taking action to support everyone living a good life








Time		Agenda Item
10am		Registration and Coffee
10.30am		Welcome from the Conference - Co-chairs
10.45am		Keynote - 'My Work for a Good Life' – Becca Cooper
11.15am		Morning Workshops – Ways People Are Working for Change: <ol style="list-style-type: none"> 1) Building Community for Inclusion – Exclusively Inclusive 2) Using publicly available data to make change happen 3) The 'Involving Everyone' Project – Inclusion North
12.15pm		Lunch <p>You can take a break, chat with people or drop in to 1 of the lunch time sessions or look at the stands or pictures being shared.</p> <p>Lunchtime sessions to visit:</p>

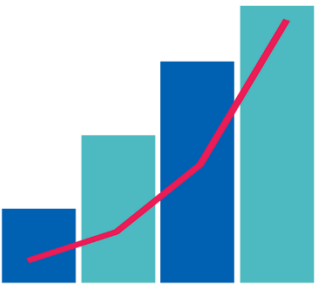


		<ul style="list-style-type: none"> • My Own Front Door research - sharing pictures of home • Duties to involve representatives – Chat with Ivan
1.30pm		Welcome Back from Conference Co-chairs
1.35pm		Afternoon Workshops - Ways People are Working for Change: <ol style="list-style-type: none"> 1) Employment for all – Speakup 2) 'My Own Front Door' – Research Team 3) The right support, in the right way at the right time
2.45pm		Good Lives: Building Our Action Together – Learning Disability England
3.30pm		Conference Close

This agenda and the speakers could change. We will update it if there are any changes right up to the day before the conference.

Workshop and Speaker Information

	<p>Keynote - 'My Work for a Good Life'</p>
	<p>Becca Cooper – Self-advocate at York People First</p> <p>Becca Cooper I am the chairperson of York People First. I was on the National Forum for people with learning difficulties for 4 years. I have also worked with the Royal College of Psychiatrists helping to set standards for people with learning disabilities.</p>
	<p>Morning workshops</p> <p>You can pick 1 of these 3 workshops to go to</p>

	<p><u>Building Community for Inclusion</u></p> <p>We will tell the story of how Exclusively Inclusive began and our journey so far. We will focus on our belief that having friends, having a sense of belonging and purpose and knowing that we all matter are essential ingredients in leading a good life. We will invite people to join in with playing a fun conversation game we call “Making Connections”. We hope to leave people with some ideas of how they can make connections in their own area.</p>
	<p>From Exclusively Inclusive</p> <p>Voluntary community group that is passionate about bringing people together to have fun, connect and make friends and contribute to community building.</p> <p>Social media: Twitter - @excinclusive Facebook - @exclusivelyinclusivecraven</p> <div style="display: flex; justify-content: space-around; align-items: flex-start;"> <div style="text-align: center;">  <p>Katie Peacock</p> <p>Co-ordinator</p> </div> <div style="text-align: center;">  <p>Jane Whutmuff</p> <p>Member</p> </div> <div style="text-align: center;">  <p>Carla Burrows</p> <p>Member</p> </div> <div style="text-align: center;">  <p>Dale Cardus</p> <p>Members</p> </div> <div style="text-align: center;">  <p>Christopher Porter</p> <p>Member</p> </div> </div>

	<p><u>Using publicly available data to make change happen</u></p> <p>The research unit led by ARC England is making available information on fee rates across the country so anyone can understand how rates paid for support compare to the cost of providing the service.</p> <p>Clive Parry, CEO from ARC England will share information on the maps they have shared but also the impact they hope they will have and how others can get involved.</p>
	<p>Clive Parry - ARC England Director</p> <p><u>ARC England (Association for Real Change)</u> is the membership organisation specifically for learning disability and autism providers. They support knowledge development, improve practice and influence policy in health and social care for the benefit of people with learning disabilities or other support needs such as autism, mental health problems, sensory and physical disabilities.</p> <p>Social media: Twitter - @ARCEngland</p>
	<p><u>The 'Involving Everyone' Project</u></p> <p>The 'Involving Everyone' project focuses on people with profound and multiple learning disabilities and their families living in the North East of England. Some of the team will share what they are doing to get a better understanding of what life is like and the change needed, to ensure that people with profound and multiple learning disabilities are living good lives as equal, valued citizens.</p>



Kirsty Morgan
Project support co-ordinator
Inclusion North



Deborah Austin
Strategic Learning Disability
Workforce Development
Manager – Family Carers.
Chartered physiotherapist
(specialised in postural care)






Annie Fergusson
PMLD Link & family
Carer



Afternoon Workshops

You can pick 1 of these 3 workshops

	<p><u>Employment for all</u></p> <p>Employment is for Everyone is a social movement aiming to improve the employment opportunities for autistic people and people with a learning disability. Jodie and Colin will share how they are working on this and the difference the movement is making.</p> <p>Social media: Twitter - @Employment_IFE</p>
	<p>From Employment for Everyone</p> <p>Four social enterprises - Speakup, DEXX, Artworks and EDLounge - came together to start the Employment is for Everyone social movement.</p> <p>Jodie – Self-advocate from Speakup</p> <p>Colin – Self-advocate from Speakup</p>
	<p><u>'My Own Front Door' – Researching Together</u></p> <p>We will be talking about some of the findings from our research on renting and support.</p> <p>Key focus points:</p> <ul style="list-style-type: none"> • Renting works for lots of people • Choice is important • Location matters • Support comes from lots of places



Eppie Leishman
Co-researcher – York
University



Andy Pollin
Co-researcher – York
University



Becca Cooper
Deborah Quilgars
Paul Scarrott
Stephen Hodgkins
Co-researchers – York
People First









The right support, in the right way at the right time

All too often we are quick to assume what people do and don't need in their lives. This can lead us to making judgements about other people without fully understanding them, their ambitions and their picture of a good life!

In this session we will explore together what good support looks like in our own lives and how we can ensure the right support in the right way at the right time for us.

We will be hearing about the innovative Local Area Coordination approach in York and how Local Area Coordinators walk alongside local people, communities and wider organisations, supporting people to achieve their vision of good lives.

	<p>Nick Sinclair (and people from York’s Local Area Coordination Team)</p> <p>Nick is the Director of the Local Area Coordination Network at Community Catalysts CIC. He supports the development of the Local Area Coordination approach in England and Wales, working closely with Network members like City of York Council.</p> <p>Social media: LACTwitter - @LACNetworkUK LAC Facebook - LACNetwork</p>
	<p>Good Lives - Building Our Action Together</p>
	<p>From Learning Disability England</p> <div style="display: flex; justify-content: space-around;"> <div data-bbox="651 906 880 1145">  <p>Rachael Hall Membership and Engagement Lead</p> </div> <div data-bbox="1032 906 1267 1145">  <p>Gary Bourlet Membership and Engagement Lead</p> </div> <div data-bbox="1391 906 1608 1145">  <p>Emma Smith Policy Manager</p> </div> </div> <p>Social media: Twitter - @LearningDisEng Facebook - @learningdisabilityengland</p>