

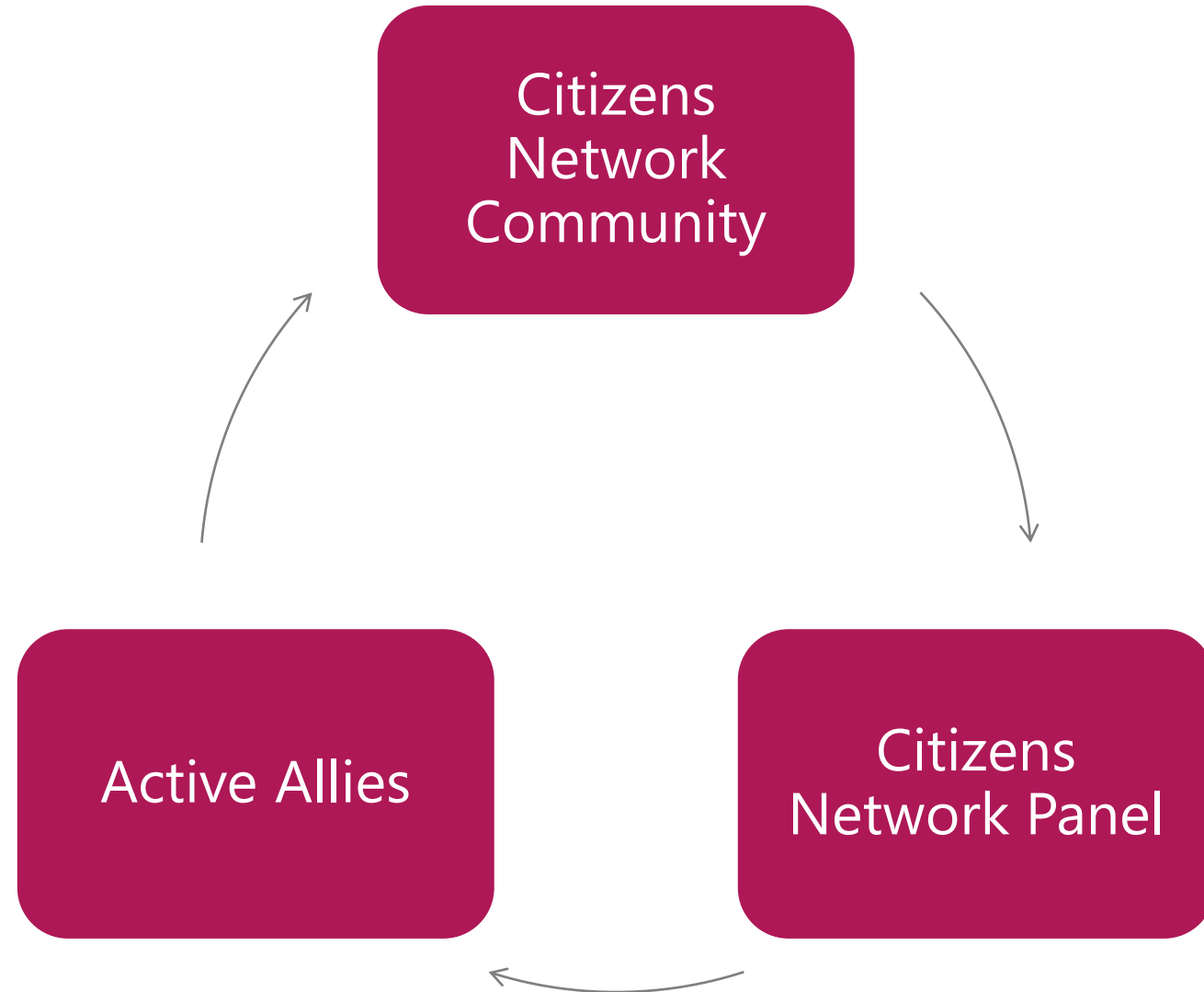
Include Me Citizens Network

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How many people have a
disability in the UK?

What are some of the barriers
people with disabilities face in daily
life?

What is Include Me?



3s' Model Approach

Society

- Social and Gender 'norms'
- Inequalities
- Institutional and Community Structures

- Equal society for everyone
- Society free of stigma and discrimination

Systems

- The systems that are in place within society that act as a barrier to people with disabilities and long-term health conditions

- Better planning
- Easier access to information
- Better communication
- Overall, more accessible approach

Services

- Care
- Treatment
- Support
- Prevention

- Community-led and co-produced
- Available, accessible and high quality
- Ability to cope with demand from people needing to access services

Key Insights

- Vast majority of citizens have said that they feel there's a lack of readily available information for support on offer *(Recently started to incorporate guest speakers at our Citizens Forum Meetings to tackle this)*
- In a recent Deep Dive research project we conducted on behalf of BCC *(speaking to parents and carers of children and adults with LD)* It was found that the largest proportion of the 38 participants were aged between 56-64.
- When asked if they had any future plans in place in the event they were no longer able to care for the person they care for, all participants from the study said 'no' *(It was also mentioned that there's not enough help and support on offer to help parents/carers make a plan)*