



Building Change Together – Actions for Good Lives 15th March . 10am – 4pm . Virtual Conference

Agenda, Workshop and Speaker Information

A conference bringing together different people and organisations to share ways they are taking action to support everyone living a good life



Time		Morning Sessions
10am	Welcome	Welcome from the Conference - Co-chairs
10.25am		Rights for All - an equitable approach to leadership development
10.40am		Dame Philippa Russel - Influencing, campaigning and building relationships
10.45am	Law	Matthew Wort, Anthony Collins Solicitors - Using the law for change



11am	Break
11.10am	Building a movement for change so social care underpins Gloriously Ordinary Lives - Anna Severwright & Tricia Nicoll, Social Care Futures
11.40am	Making change happen for Good Lives, Action by Learning Disability England members - Gary Bourlet and Rachael Hall
12pm	Session close



		Afternoon Sessions
2pm	Welcome	Welcome from the Co chairs - Liz Wilson
2.10pm		Sharing stories for change and hope - Damian Hebron
2.20pm	Rerson Centred	Flamboyant Dreaming, Person Centred Planning to living your dream - Alexander Warren
2.50pm		Break



3pm		Include me for Citizen Action – Ashleigh Jones
3.20pm		Making change in our own lives - Shared Lives Plus Ambassadors
3.40pm	?	Shared stories of change - Damian and speakers will answer questions
4pm		Session close

This agenda and the speakers could change. We will update it if there are any changes right up to the day before the conference.



Workshop and Speaker Information

Morning Sessions

Welcome	Welcome from the Conference - Co-chairs	
	Kumudu Perera	Marianne Selby-Boothroyd
	Self-advocate Learning Disability England representative	Paid supporter representative
	Disability advocate for self-advocacy group My Life My Choice and also works as a health ambassador.	Marianne is the Development Director at <u>Certitude</u> . Marianne is also a mum to 3 boys who have additional support needs, and trustee for a parent-led charity Sparkles.



	Influencing, campaigning and building relationships
	Dame Philippa Russell DBE - long-term family carer for her adult son with learning disabilities and brain damage and for her husband, who died at the start of the pandemic after many years of living with Lewy Body dementia, cancer and heart failure. She is Vice-President of Carers UK and a Board member of TLAP (Think Local, Act Personal) and a member of ADASS's Carers Policy Network.
	Using the law for change
Law	The focus will be on encouraging people not to settle for unsatisfactory outcomes. Highlighting how legal challenges have made change happen in the past and how they could in the future.
90	Matthew Wort - Partner and Head of Health and Social Care with Anthony Collins Solicitors LLP.
	Social media: Twitter - @mattwort1 @ACSLLP





Building a movement for change so social care underpins Gloriously Ordinary Lives

We all want to live in the place we call home with the people and things that we love, in communities where we look out for one another, doing things that matter to us.



Anna Severwright - Co-convener, Social Care Future

Anna is a qualified doctor, no longer working in clinical practice she now combines her lived experience of disability and social care with her professional expertise, to positively change social care. She is a convenor of the Social Care Future movement which is all about disabled and older people being able to live the lives they want to live.

Social media: Twitter - @socfuture @AnnaSeverwright
Tricia Nicols



Tricia lives in Reading and began her career in 1989 as a teacher of children with learning disabilities. She is a long-term avoider of mental health services and has a history in the mental health survivor movement. She has worked in the voluntary sector, Central Government and now running her own business. She is particularly interested in how the relationship between 'Services' and 'Citizens' can be re-framed so that people can get really good paid support when they need it <u>and</u> be able to contribute to their community. Tricia is a skilled facilitator, bringing an approach that both creates a safe space and challenges people to re-frame their ideas.

Tricia is committed to the principles (and practice) of building genuinely inclusive communities. She has a foster son who loves drawing and foster daughter who is a



princess, both of whom happen to be autistic. She loves sunshine, cats, and good food and wine.		
Making change happen members	for Good Lives, A	ction by Learning Disability England
		Facebook - @learningdisabilityengland
	England ary Bourlet lembership Lead	Emma Smith Policy Manager



Afternoon Sessions

Welcome	Welcome from the Conference - Co-chair
	Liz Wilson – Family Learning Disability England representative Liz lives in West Yorkshire and has a daughter with learning disabilities who lives with them and a brother who lives nearby. Her brother has a direct payment for 24/7 support and Liz employs and manages the team for him. Liz has spent most of her adult life working alongside people with learning disabilities and autism.
	Sharing stories for change and hope
	Damian Hebron – Consultant Damian has lots of experience running charities and campaigning, particularly to help improve health services. He has worked a lot with patients to help organisations to listen to what they want.





Flamboyant Dreaming, Person Centred Planning to living your dream

Alexander, after hearing about dreams when in special education, decided he wanted to spread the word about person centred planning, gifts and dreams to other young people. He ran his own business, AJP Dreams, which aims to inspire young people to go for their dreams and to encourage families and professionals to work hard to listen to these dreams and help people to follow them. He coined the phrase Flamboyant Dreaming to challenge families and professionals in particular to imagine bigger and not make do with what seems realistic.



Alexander Warren - Actor, teacher and Hearts fan

Alex feels strongly about encouraging people to follow their dreams no matter how big or small. In his spare time he plays dungeons and dragons and walk my King Charles Spaniel, Lottie.



Include me for Citizen Action

Include Me is a social movement that's designed to give people with a disability or long-term health condition a safe space to work on a united front to create a louder voice for ourselves, so we can make sure there's 'nothing about us without us' by making sure we're at the heart of the conversation with what needs to be done to make the West Midlands the best it can be for accessibility and inclusion.