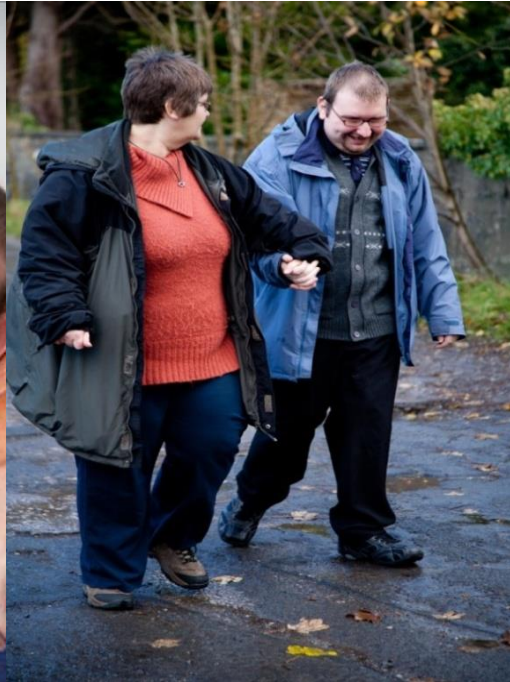


Putting people first – By influencing, campaigning, building relationships, we CAN make a difference!

Philippa Russell

[LDE Conference 15 March 2023]



Simon's story - Working together, speaking up and making friends, we can change lives!



What are we campaigning for and planning how to be successful?

- ‘We all want to live in the place we call home, with the people and things we love, in communities where we look out for one another, doing things that matter to us.’ [Social Care Future]



Getting to know people – use your MP, your local Councillors, your local community to make change happen!

- **Health and Social Care Reform are coming** – make sure you know what is happening in your area.
- **Use your MP and your Councillors** – remember to tell them what is working well as well as talking through any problems.
- **Keep up-to-date** – with national and local organisations and join alliances who can support you.



WORKING TOGETHER – Create a movement, share lived experience and make allies!

- **Be ambitious** – and share ideas!
- **Join up** – with the Valuing People Alliance, the Health and Wellbeing Alliance, LDE, use your local ICB (Integrated Care Board)
- **Speak up!** Too many bad things like Winterbourne View happen behind closed doors.
- **Keep talking, share our good ideas AND successes!**



Looking to the future – We need to keep talking and we need to find our champions!

- **‘Experts by experience’** – what would make a difference and who will work with us?
- **‘Getting a life’ - Know your rights, find your champions** - do we feel safe, get the support we need?
- **‘Speak up’** – change takes time and governments work very slowly. But working together locally, Simon and I know change CAN happen!.

