

Good Lives: Stronger, Louder, Together!

Online Sessions and Speaker Information

Creating change together – Diversity and Inclusion | Parmi Dheensa



This session will be about how action for change can include everyone with a learning disability. Parmi will share examples of targeted action to be inclusive of people from minority ethnic communities and those who do not use words to communicate.



Parmi Dheensa, is an award-winning social innovator and humanitarian, disability human rights activist and neurodiverse, sharing lived disability experiences with her youngest son, a disabled and adventurous changemaker. Parmi is also the founder and Executive Director of 'Include Me TOO' charity.

Hope: Believing in the art of the possible | Sue and Malcom Blackwell



This session will be sharing hope from the lived experience as parents of a daughter with a learning disability who are all now living the life of their choosing. It looks at the importance of one step at a time and the benefits to everyone when those with learning disabilities are seen, valued, embraced, encouraged and supported for being the individual unique person they are.



Sue and Malcolm Blackwell are parents and co-founders of internationally recognized multi-award-winning charity DanceSyndrome with their daughter Jen. Together they have constantly sought innovative and creative solutions to enable their ambition for Jen, born with Down's syndrome, and others like her to be treated like any other human being

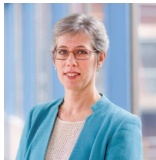
Inclusive Research | Researchers from Five Projects



This session will have speakers from several different research projects working towards being more inclusive. There will be speakers from 'No Research About Us Without Us' that has worked to ensure people with learning disabilities are included as participants. It will also explore research that looks to improve people's life and opportunities as well as a co-produced research project.



Amy. M. Russel is a researcher from the University of Leeds who is co-leading the No Research About Us Without Us research project.



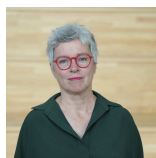
Irene Tuffrey-Wijne is a researcher from Kingston University London and leads a programme of research and development focusing on learning disability, bereavement and palliative care.



Liz Tilley is a Professor of Learning Disability Studies and chair of The Open University's Social History of Learning Disability Research Group.



Dr Magdalena Mikulak is Research Fellow in Health Research with focus on social determinants of health and health inequalities experienced by people with learning disabilities.



Sara Ryan is a Professor of Social Care with a portfolio of NIHR funded projects focusing on learning disabilities, autism, growing older and loneliness.



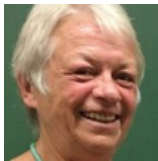
Hosts and Chairs:



Sally Warren is Paradigm's Managing Director and the driving force behind Paradigm and Co-chair at the Thera Trust.



Michelle Mcdermot works alongside Sally at Paradigm as Associate, co-delivering training and sharing her lived experiences, skills and knowledge.



Jan Walmsley is Trustee at Learning Disability England and a self employed academic. Her particular interests are inclusive research, self advocacy, and the history of learning disabilities.



Kumudu Perera is on the Learning Disability England Representative Body and is a disability advocate for My Life My Choice, also working there as a health ambassador.

