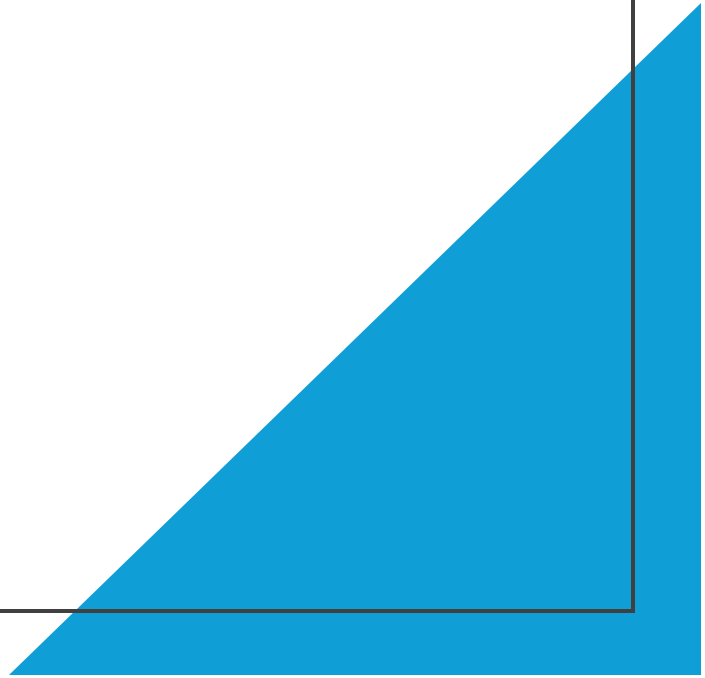


Feel the love

Building relationships and connections



Welcome



Who we are



About the workshop



- Good lives framework
- 'To love and be loved'
- Relationships are important
- Lots of barriers – we will think about these
- Share some positive practice
- How can we make things better?



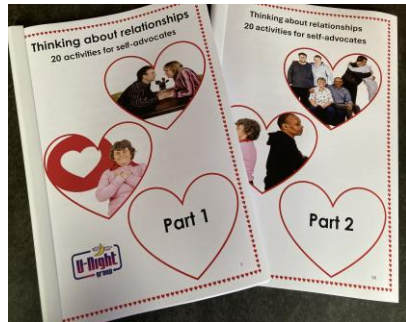
Barriers

What makes it difficult for people with a learning disability to have relationships

Talk to the person next to you about this



Breaking down the barriers - examples



1. U-Night Group, Lancashire

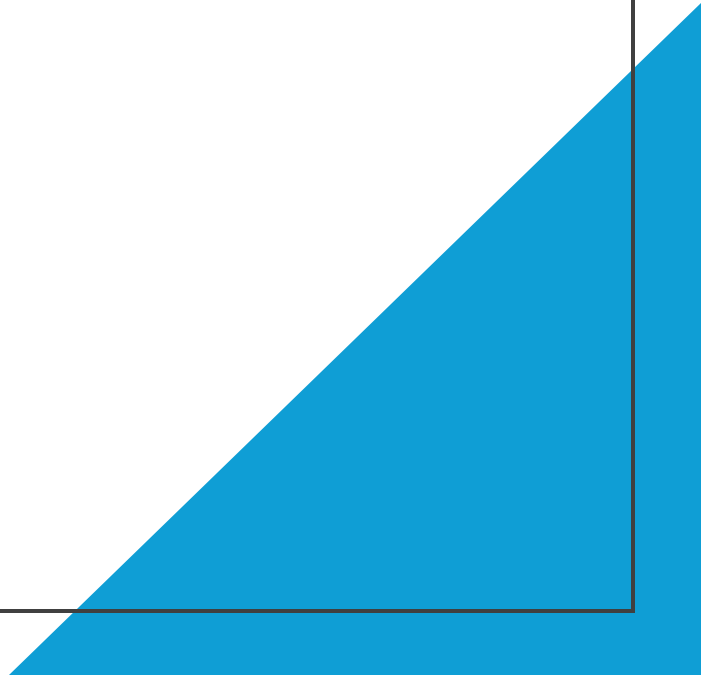
Made a training pack about sexual self advocacy and relationships



Here is a video that explains about sexual self advocacy



Sexual self - advocacy introduction



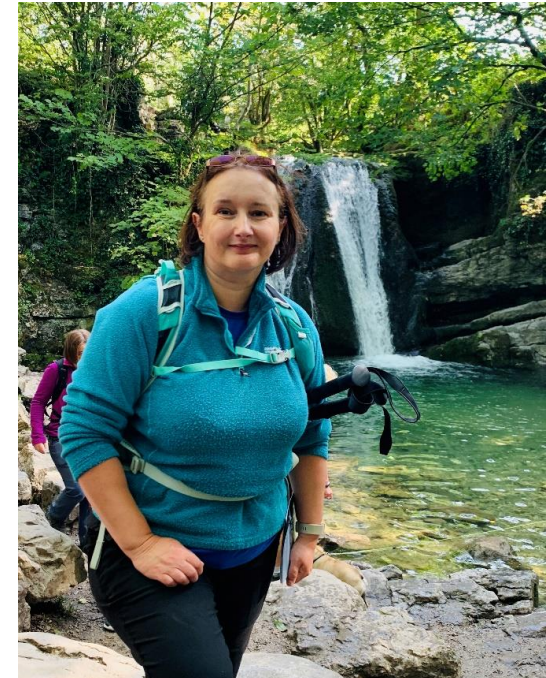
2. Future Directions



Eric Logan



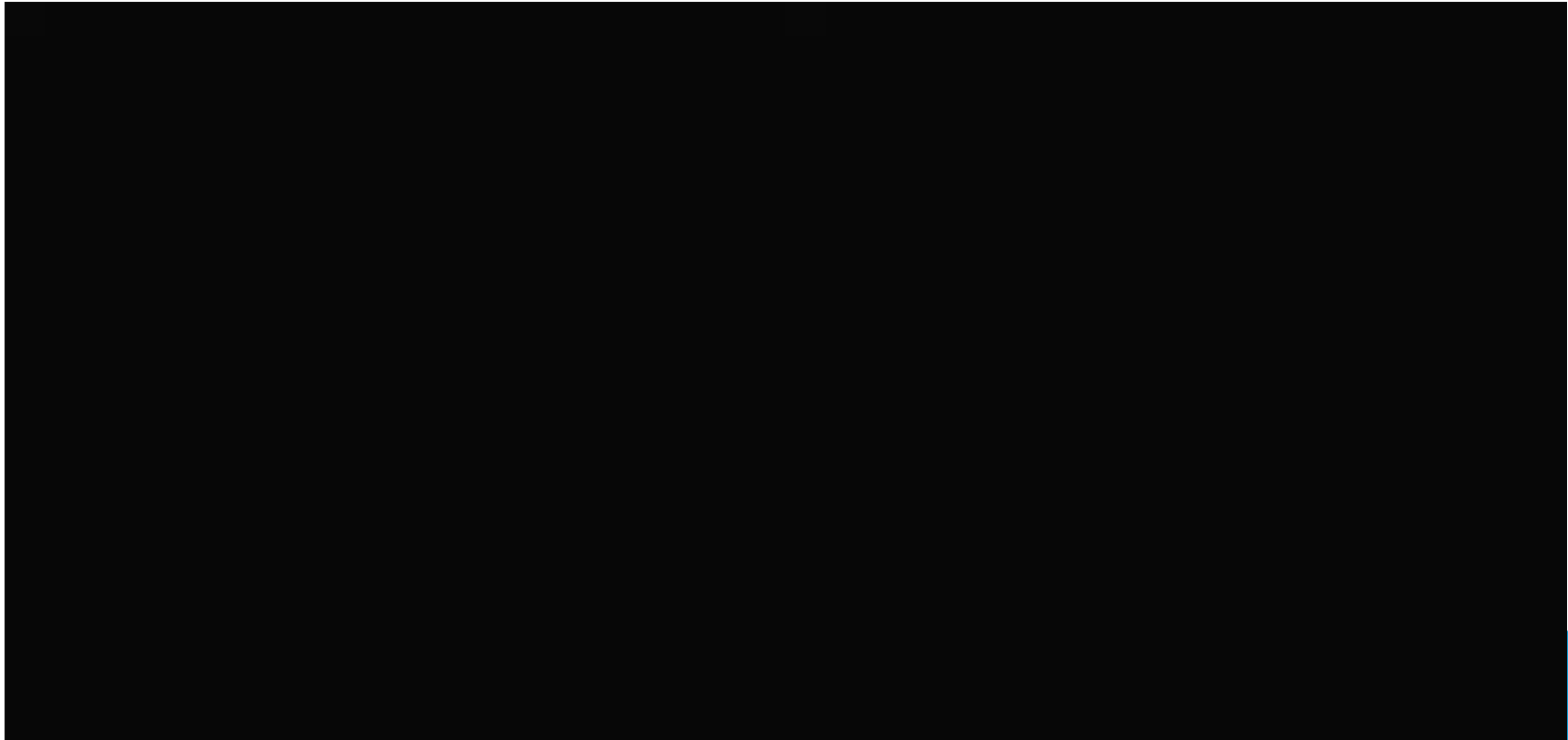
David Fletcher



Kim Barrett



Eric and Lesley



Eric and Lesley





3. Supported Loving



Supported Loving





Supported loving is:

About helping people to develop and keep loving relationships:

- Research
- Raising awareness
- Bringing people together
- Online and in person



- Website and toolkit
- Influencing policy and practice
- Training
- Information – Facebook/newsletters
- Resources

www.supportedloving.org.uk
Claire.bates@choicesupport.org.uk



4. Seeability.

Friendship Matters

Upcoming Workshops

Who is it for?



1. People that want ideas on organising get-togethers or starting-up a group of friends.

2. People that feel a bit lonely and want a bit of inspiration.

3. For people to lead themselves (often with support), with some tips for supporters too.

What is the general gist?



1. Learning from others that have done or are doing it.

2. Step by step guidance and tips.

3. Start to think and plan about what you want to do.

4. People do it, People own it!
Organisations take a supporting role (if needed).

When? Where? How?



Dates are now available



We will spread the love – South, Midlands and the North



In-person and online

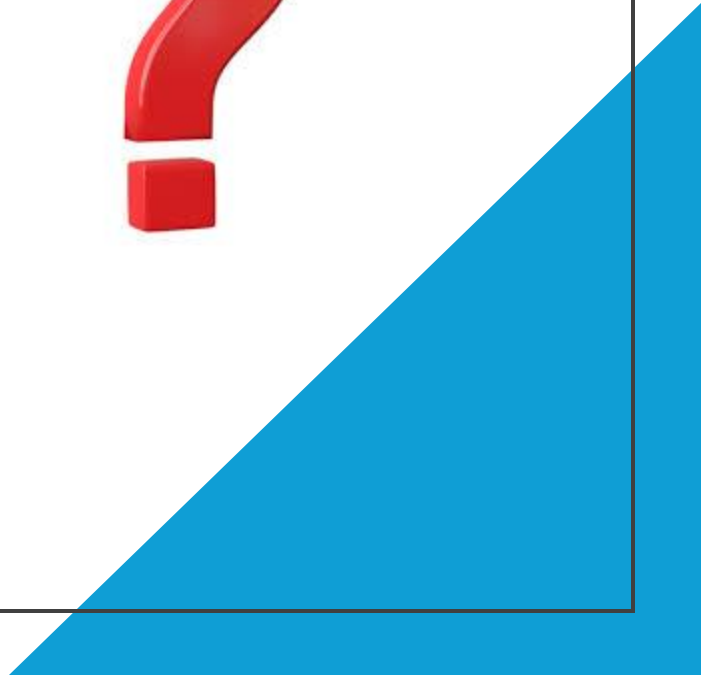
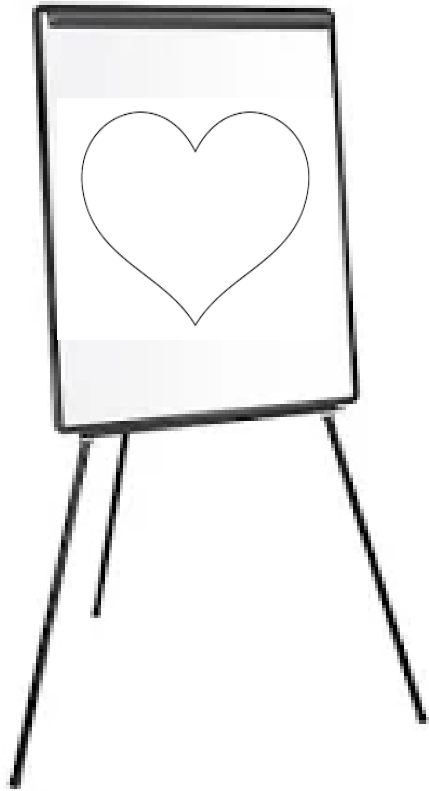


Just 2 or 3 hours a session

Share your stories



Building more and better





Thank you

A final message in the words of the song

and

be more **S.A.S.S.Y.**



