



The Friendship Workshop: Worksheet

1. Setting up the group



What's the reason for meeting up?

Decide what the group's main thing will be. It could be for.

- *Hanging out?*
- *Shared hobbies?*
- *Emotional Support?*



How big do you want the group to be?



Cafe



Pub

Where would you want to meet?

You could choose a cafe, pub, or somewhere else that works for your group.



What date and time?

A regular date and time can help people remember when it is or build a routine.



Who will lead the group?

Will you lead it yourself or have a few people take it in turns?

2. Problems that might happen



What could you do if people argue?



What could you do if people worry about not having enough money to join your group?



What could you do if one person takes over the group (being bossy/ talking over people)?



Can you think of any other problems that might come up?



How could you solve those problems?

3. My group



What questions do you have about running a group?

Questions



You can write the answers you found out, here: