

Training and facilitation



Training and facilitation offers

Living **Good Lives!**

4

Building Good Lives for young people with learning disabilities

5

The Reach Standards

6

Gr8 Support

7

Decisions, decisions, decisions!

8

You can **click each page number** to go straight to that training offer

Learning Disability England is ...
'an organisation with integrity and
values. They are very generous with
time and ideas and knowledge...
**It's a space to kind of keep believing
in constructive, positive change.'**

Learning Disability Member



Living Good Lives

1 day session in person

PLUS for LDE members: free 12 month access to the quarterly Good Lives Action Network to further develop, embed and share knowledge, skills and experience.

For non-LDE members follow up online sessions are an additional £400

£1,850 for up to
30 people in person
(just £62 pp) plus expenses

We welcome people and organisations coming together where possible to strengthen collaboration and share cost.

Perfect for?

- People with learning disabilities and families
- Staff and trustees of organisations
- Commissioners and Local Authorities

What does it mean for people with learning disabilities to live Good Lives.

Together we will explore:

- The [Good Lives Framework](#): the 7 things people say they need to live a good life.
- How to use [The Reach Standards](#) to explore and evidence how people can live [Good Lives](#).
- What feels difficult and why.
- Planning practical next steps.



Building Good Lives for young people with learning disabilities

1 day session in person

PLUS for LDE members: free 12 month access to the quarterly Good Lives Action Network to further develop, embed and share knowledge, skills and experience.

For non-LDE members follow up online sessions are an additional £400

£1,850 for up to
30 people in person
(just £62 pp) plus expenses

We welcome people and organisations coming together where possible to strengthen collaboration and share cost.

Perfect for?

- People with learning disabilities
- Families
- Education, local authorities + organisations

Adulthood is hard – for all of us! It can feel even more difficult for young people with learning disabilities and their families. This session focuses on what we need to think about – and do – to support young people to build their own good lives.

Together we will explore:

- The [Good Lives Framework](#).
- People's rights in relation to the Care Act, Human Rights Act and Mental Capacity Act.
- How to use [The REACH Standards](#) to plan with a person what a good life looks like for them.
- The use of good person-centred tools to help build people's plans.
- From education to employment and contribution.



The Reach Standards

1 day session in person

PLUS for LDE members: free 12 month access to the quarterly Good Lives Action Network to further develop, embed and share knowledge, skills and experience.

For non-LDE members follow up online sessions are an additional £400

£1,850 for up to **30 people in person** (just £62 pp) plus expenses

We welcome people and organisations coming together where possible to strengthen collaboration and share cost.

Perfect for?

- People with learning disabilities and families.
- Housing and support providers
- Health + social care professionals.

Since 2002, the Reach standards have set and kept the focus on supporting people to live good lives. Cited by health and social care regulators as evidence of good practice, these co-produced standards are the foundation for staying curious and committed to ensuring people can live good lives.

Together we will explore:

- The history of supporting people with learning disabilities.
- [The Reach Standards](#) and their relevance for commissioners and regulators.
- What feels difficult for you, your team or organisation.
- What needs to change to enable people with learning disabilities to live [Good Lives](#), just like anyone else.
- Action planning.

This training will give you access to The Reach Standards toolkit to use.



Gr8 Support

1 day session in person

PLUS for LDE members: free 12 month access to the quarterly Good Lives Action Network to further develop, embed and share knowledge, skills and experience.

For non-LDE members follow up online sessions are an additional £400

£1,850 for up to
30 people in person
(just £62 pp) plus expenses

We welcome people and organisations coming together where possible to strengthen collaboration and share cost.

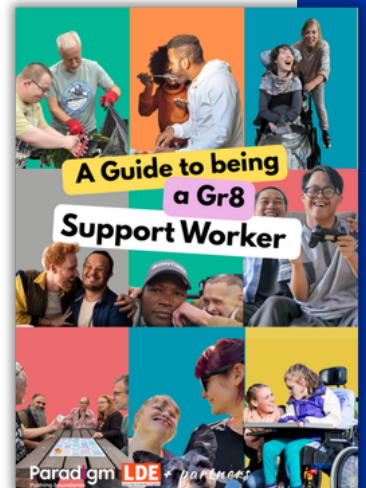
Perfect for?

- people with learning disabilities
- families
- staff and trustees in support organisations
- commissioners and Local Authorities

Using the co-produced [Guide to being a Gr8 Support Worker](#), this session provides practical tips and resources to help you give Gr8 support to people with learning disabilities.

Together we will explore:

- The [Good Lives Framework](#) – the 7 things people say they need to live a good life.
- Getting to know the people you support using person-centred tools and practices.
- Supporting people to live good lives.
- Making people's rights a reality – what's your responsibility?
- Person-centred organisations – how to support Support Workers.



Decisions, decisions, decisions!

1 day session in person

PLUS for LDE members: free 12 month access to the quarterly Good Lives Action Network to further develop, embed and share knowledge, skills and experience.

For non-LDE members follow up online sessions are an additional £400

£1,850 for up to
30 people in person
(just £62 pp) plus expenses

We welcome people and organisations coming together where possible to strengthen collaboration and share cost.

Perfect for? • People and families
• Staff and trustees in organisations, commissioners and local authorities

We all make decisions, every minute of every day. Listening to, understanding and enabling decisions people with learning disabilities make about their lives can sometimes feel difficult. This workshop helps you to know people's rights, understand the Mental Capacity Act and keep focused on supporting people to live Good Lives.

Together we will explore:

- The [Supported Decision-Making Guide](#), [Good Lives Framework](#) and [Gr8 Support](#).
- The law: introduction to the Human Rights Act and the Mental Capacity Act.
- What does risk mean and for who?
- Whose decision is it. How to keep the person at the centre when lots of people are involved in decision making.
- Supporting people to make their own decisions, from big decisions to small decisions.
- Supporting people to make their own decisions: recognising, respecting and enabling people to be in control.



Learning Disability England provides
**real lived experience leadership and
voice in a crowded and noisy space**
which doesn't always listen to what
people with learning disabilities
actually want from social care
and good support.'

Learning Disability Member

